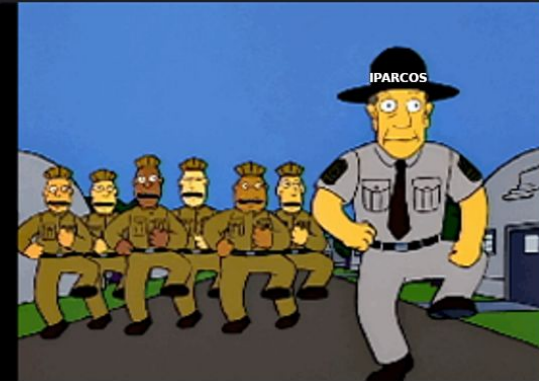


IPARCOS
Camp 2025



IPARCOS CAMP

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Why?



A well ruminated idea, started in CEC, that took long to fly

Problem: IPARCOS students work in isolated boxes

Camps are common in many places: Research Institutes, enterprises, etc. Team building.

One of us (JLC) offered to participate but never really started

Management (IS) added real manpower (JJSC) and it finally took off this year

Where, when ?

Requirements

- Short 2-3 days
- In a place close to Madrid, accessible, with places “to go”
- Seminar rooms, lodging
- Cheap accommodation



It took us many weeks to find a place, and by then very few time slots were free, 1-2

Casa San Jose. San Lorenzo de El Escorial

28 de Mayo 2025 09:00
30 de Mayo 2025 19:00

What a wonderful place !





Casa E.
San José
BOUTIQUE



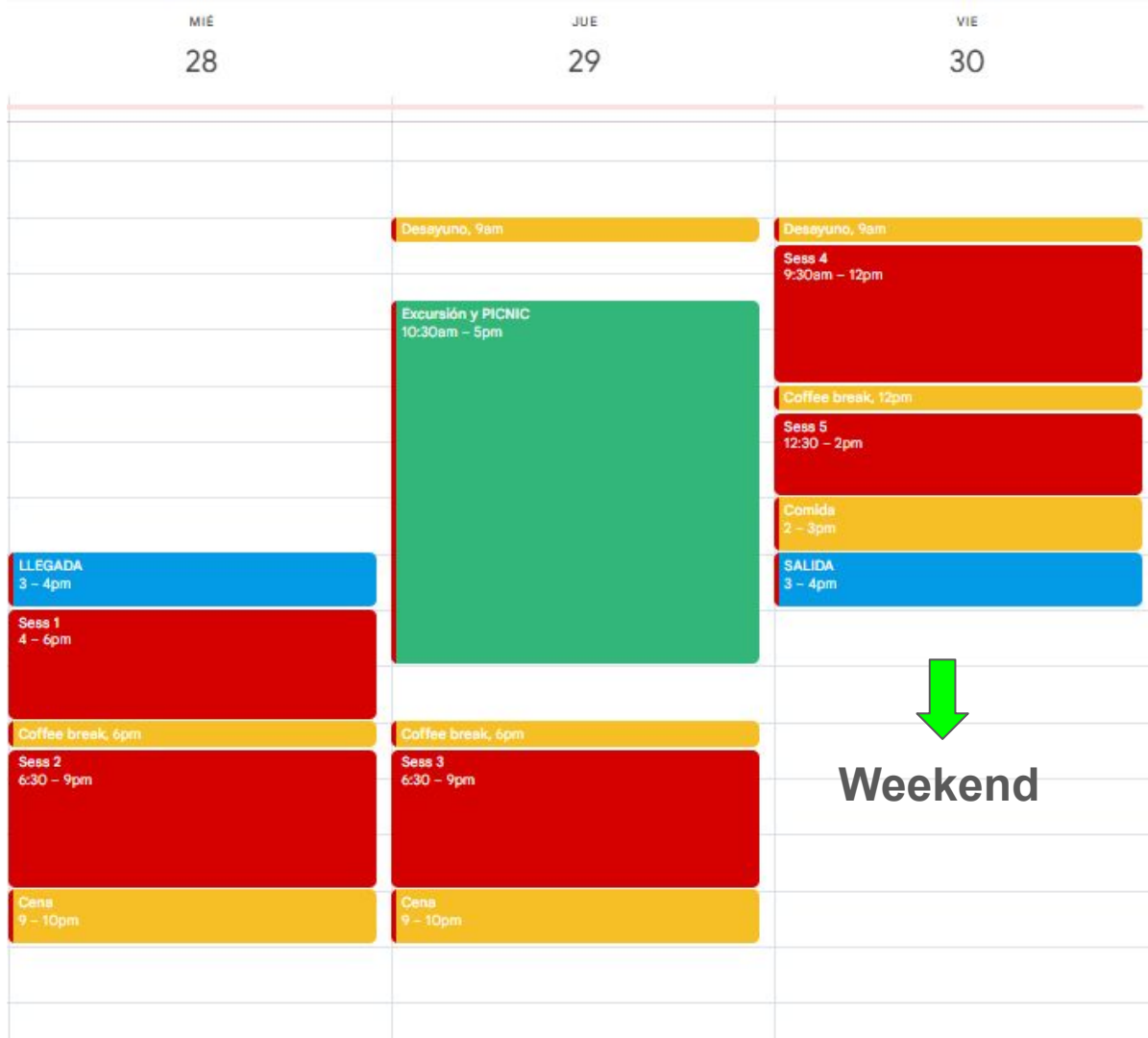


Overview

3 Days, 2 Nights

5 Sessions
Work/debate

1 Short trail with
pic-nic (at 30°)



Working sessions:

- 1. Presentation**
“ Introduce yourself in 2 Slides”
- 2. “ Introduce yourself in 2 Slides -2 “**
- 3. What is the postdoc crisis ?**
GUAIX communication Plan and Culture Book.
- 4. What can we learn from each other? Sharing tools, learning new ways.**
- 5. Scientific activities.**
Wrapup

Who did participate?

- 2 Senior organizers
- 22 Students:
 - FISTEO , FISNUC, GUAIX, GAE, STARS
 - 19 Male, 3 Female(!)



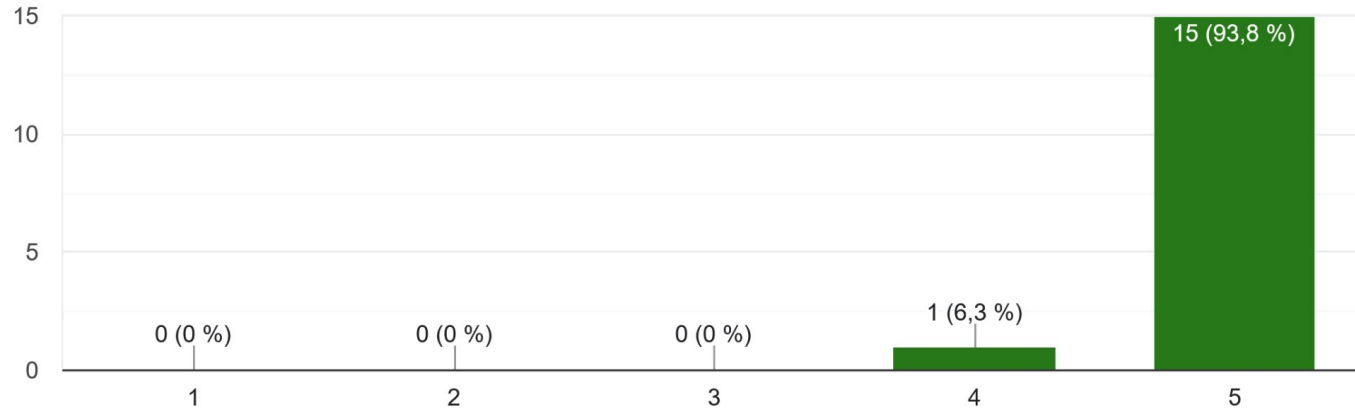


How did it go?

By the numbers:

What is your satisfaction level with the camp? (1 very unsatisfactory - 5 very satisfactory)

16 respuestas



We think it went so well...

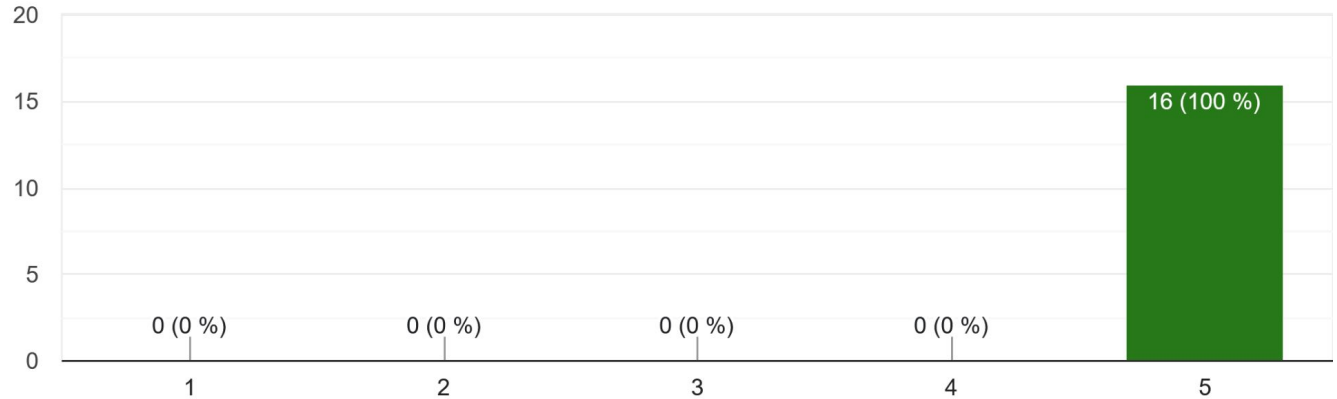


How did it go?

By the numbers:

Regarding next editions, would you be interested in participating in next editions? (1 fully uninterested - 5 fully interested)

16 respuestas



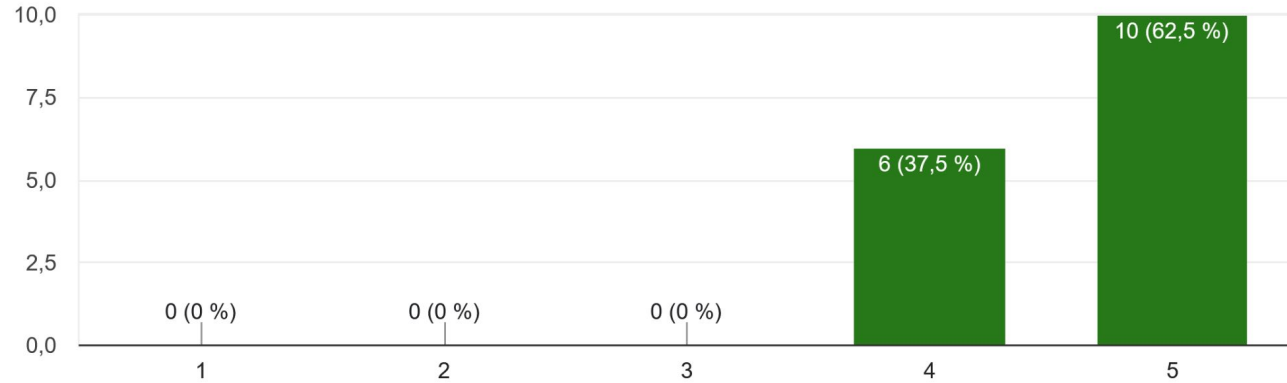
...that we should repeat it next years!

How did it go?

By the numbers:

Is the camp a useful tool to improve your research skills and working conditions at IPARCOS? (1 fully useless - 5 fully useful)

16 respuestas



- **Furthermore, it was useful:**

Pros

Cons

- Community and well-being:
 - Breaking isolation
 - Relaxed atmosphere
 - The excursion: favorite activity

- 2-Slide Presentations & Round Tables:
 - Knowing each other
 - "PhD welfare," "problem management," "Research careers in Spain"
 - ⇒ Necessary and highly valued
 - Space to improve IPARCOS & their own research groups

Pros

Cons

- Community and well-being:

La excursión a una zona de campo es una gran idea. También las mesas redondas compartiendo problemas ya no solo académicos sino en relación al doctorado en general

The excursion favors activity

- 2-Slide Presentations & Round Tables:
 - Knowing each other
 - "PhD welfare," "problem management," "Research careers in Spain"
 - ⇒ Necessary and highly valued
 - Space to improve IPARCOS & their own research groups

Pros

- Community and well-being:

La excursión a una zona de campo es una gran idea. También las mesas redondas compartiendo problemas ya no solo académicos sino en relación al doctorado en general

THE EXCURSION: favorite activity

- 2-Slide Presentations & Round Tables:

- Knowing each other
- "PhD welfare," "problem management,"
"Research careers in Spain"

⇒ Necessary and highly valued

Getting to know other phd students from IPARCOS. The first day 2 slides presentations were very relaxed, and useful. Space with seniors to talk about our groups and how to improve them

Pros

- Community and well-being:

La e
ya n

Meeting other PhD students, it gave me a greater sense of belonging and helped me feel less alone. Learning about different fields in an informal setting. Orientation for the future. Liked everything. Chance to talk to different people in small groups.

The camaraderie that was fostered and the positive atmosphere for the members of IPARCOS itself

- Knowing each other
- "PhD welfare," "problem management,"
"Research careers in Spain"
⇒ Necessary and highly valued

Getting to know other phd students from IPARCOS. The first day 2 slides presentations were very relaxed, and useful. Space with seniors to talk about our groups and how to improve them

Pros

- Community and well-being:

The interaction between different groups, sharing common techniques

- getting to know other IPARCOS PhD students besides our own department's
- very good vibes
- 2-slide presentations are a nice idea to get the gist
- interesting and needed session regarding PhD welfare, very good ideas discussed
- free and welcoming environment, effort in everyone expressing their minds
- interesting presentation about the research career in Spain
- kind and involved organizers
- nice walk! (a bit hot but what can you do)

feel less alone. Learning
ng. Chance to talk to

IPARCOS itself

- The camaraderie
- Know
- "PhD welfare, problem"

"Research careers in Spain"
⇒ Necessary and high

- I liked the introductions and the debates.
- The introductory "lectures" format was truly a finding. Very nice.
- The many opportunities to interact/discuss
- Getting to meet people from other departments and research groups. The relaxed and very student-focused dynamics.

Getting to know other phd students from IPARCOS is
useful. Space with seniors to talk about our

Pros

Cons

- Duration & schedule:
 - Too short (48h) ⇒ 1 extra day?
 - More often & deeper
 - PhD involvement
- Structure of the sessions:
 - Context? ⇒ General Group overview?
 - Tools session ⇒ Better structured
⇒ Hands-on/practical?
- Social:
 - Natural tendency to stick with own group
⇒ More “mixing” activities?

Cons

- Duration & schedule:

La sesión del viernes por la mañana fue muy positiva en este sentido, ya que se centró en becas, financiación y herramientas compartidas, cubriendo parte de lo que faltó el día anterior. Sería muy útil que este tipo de seminarios se organizaran de forma recurrente para profundizar en esos recursos y darles seguimiento real. Para futuras ediciones, propondría alargar un poco la duración del camp e incluir más actividades dinámicas tanto de tipo profesional como social, al estilo de la caminata. Creo que ahora que conocemos el formato, los propios estudiantes podríamos colaborar activamente en la organización de algunas actividades. En resumen, ha sido una experiencia muy útil y valiosa, que repetiría sin dudar. ¡Un éxito!

- Social:

I would like a little more time to flesh out the discussions

- Social:

The tools sessions was a bit chaotic. Maybe it could be organized/divided by topic/research/Group.

Pros

It was too short!

Cons

Having the name badges from the beginning would have been helpful.

I don't feel like I missed the session "Iparcos, what can we build together?". I think everything we did were important preliminary steps to get to know each other and were valuable on a personal level.

I recognize that the suggestions above would have required more time, which we didn't have. Overall, I really enjoyed the camp. It has been a valuable and deeply enriching experience on a personal level. Thank you for the opportunity to participate.

The fact that, in the end, people from the same department did end up being together most of the time

When we discussed about tools, it would have been a good idea to divide people in groups according to their needs

Pros

It was too short!

Cons

Having the name badges from the beginning would have been helpful

La sesión del jueves por la tarde, en la que tratamos problemas y preocupaciones del doctorado, me pareció necesaria pero algo desequilibrada. Se centró demasiado en experiencias concretas de algunos grupos, especialmente en la mala relación con supervisores o situaciones de discriminación, lo cual entiendo que es vital visibilizar. Sin embargo, me faltó que se abordaran otras problemáticas más transversales como la gestión del tiempo, la ansiedad que puede generar este trabajo, el acceso limitado a recursos como apoyo psicológico (ya sea en el departamento, en la facultad o en IPARCOS), o las dificultades económicas que aparecen cuando se termina el contrato. También creo que habría sido útil hablar más de lo que viene después del doctorado y cómo prepararnos desde ahora.

When we discussed about tools, it would have been a good idea to divide people in groups according to their needs

Some important indications to remark:

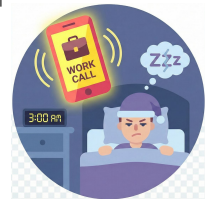
- **Senior ↔ Junior relation** should be respectful



- **The working time** of the others should be respected



- **The non-working time** of the others should be respected



How was it ? (In our humble opinion)

It felt good,

It felt like a team of highly motivated people,

It felt like belonging to a group,

It felt like our young researchers are expecting more from us
and they are ready and want to do more

Next editions?

- Clearly in favour
- IPARCOS Camp 2026?



Photocall

(Especial thanks to Guillermo)



Backup